



NOVEMBER 2020: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	Election Day 3	4	5	6
Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Cinnamon Burst Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice	Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit
9	10	Veterans Day 11	12	13
Fruity Cheerios® Graham Crackers 100% Apple Juice	Zucchini Loaf Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice	Yogurt Parfait Fresh New York Apples	Assorted Muffins Assorted Cheese Sticks Seasonal Fresh Fruit
16	17	18	19	20
Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice	Pillsbury® Mini Maple Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice	Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples	Sweet Potato Oatmeal Muffin Seasonal Fresh Fruit
23	24	25	Thanksgiving Recess 26	Thanksgiving Recess 27
Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Cinnamon Burst Pancakes Seasonal Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly 100% Fruit Juice	Upstate Farms® Yogurt Choice Assorted Cheese Sticks Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Seasonal Fresh Fruit
30				
Fruity Cheerios® Graham Crackers 100% Apple Juice		Breakfast on Tuesday Wednesday and Friday May Be Served Warm	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

Milk* 1% Low-fat Fat Free Fat Free Chocolate *Alternative options are available upon request	Breakfast After the Bell Grab and Go	Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats	Seasonal Fresh Fruit OFNS has an extensive Prohibitive Ingredients List available at: schools.nyc.gov/nutritioninformation
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ATTENTION:
 All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.